

**Medical Massage** is emerging as a manual therapy system of treatment that does address the needs of clinical rehabilitation.

Medical massage therapy achieves this clinical criteria because:

- Medical massage is not a general massage treatment, rather medical massage is applied as manual therapy to the specific area and the primary pathology of the patients' chief complaint.
- Medical massage is delivered to anatomical region based on soft tissue and joint findings and after diagnostic palpation.
- Medical massage protocol involves several progressive steps or stages of treatment which attempt to correct abnormal conditions affecting the joint complex.
- Medical massage therapy is not limited to myofascial tissue but includes the joint complex and highly specialized joint mobilization techniques
- Medical massage adopts the medical techniques and protocols of other systems of health care.
- Massage does provide relief and management of pain and stress for the patient.



### What Does the Patient Need to Know?

- Is the therapist Nationally Certified, licensed and certified in the state in which they practice?
- Does the therapist take continued education units (CEU's) to learn new techniques.
- Does the therapist educate their patients on the problem or condition?
- Does the therapist follow the NCTMB and ABMP code of ethics?

## GEORGE KOMAR

Medical Provider Massage Therapy  
Ohio & Federal BWC-  
Certified  
Nationally Certified  
Licensed: Ohio & WV



- Massage Therapist...Licensed in Ohio, West Virginia and Nationally Certified (NCTMB) Serving the Tri-State Area.
- CERTIFIED and CEU's:  
Myofascial Release, Trigger Point Therapy, Acupressure, Manual Lymph Drainage, Pre-Natal, Deep Tissue Massage, Swedish Massage, Comfort Touch, Medical Massage for Extremities, Cervical, Thoracic and Lumbar regions, Full Body Relaxation, Reiki, Couples Massage, Seated Massage, Therapeutic Massage, Parent Educator for Infant Massage
- Member Associated Bodywork and Massage Professionals ABMP

OHIOVALLEYMASSAGE.com

740-544-6644

800-618-7522

# MEDICAL MASSAGE



MEDICAL MASSAGE is defined as a system of manually applied techniques designed to reduce pain, establish normal tissue tonicity, create a positive tissue environment and to normalize the movement of the muscle skeletal system.

The goal of the Massage Therapist is to release abnormal soft tissue tension through manual techniques using soft tissue massage using the following: *Trigger Point Therapy, Myofascial Release, Deep Tissue Massage, Neuro-muscular Therapy, Positional Release and Relaxation Massage*. When used in conjunction with therapeutic exercises and rational dietary and hygienic measures, medical massage enhances the general well being of an individual.

Massage has also been found to reduce the stress and anxiety that an individual has during an illness and the medical treatment that follows.

*Massage should be considered  
when treating the "whole" patient.*

# PHYSICIAN'S PRESCRIPTION/REFERRAL/MEDICAL NECESSITY

From Doctor: \_\_\_\_\_ Date: \_\_\_\_\_

Phone : \_\_\_\_\_ Fax: \_\_\_\_\_

To: George Komar, LMT (CPT CODE 97124) 123 East Road, Toronto, Ohio 43964 740-544-6644

Regarding Patient: \_\_\_\_\_,

TREATMENT IS MEDICALLY NECESSARY. Please treat the patient for diagnoses indicated below.

# TIMES PER WEEK : \_\_\_\_\_ # OF WEEKS: \_\_\_\_\_ # TOTAL VISITS: \_\_\_\_\_

NUMBER OF VISITS \_\_\_\_\_ X NUMBER OF UNITS per visit \_\_\_\_\_, (One unit equals 15 minutes) = \_\_\_\_\_

AEAS TO BE WORKED ON: (CIRCLE ALL THAT APPLY, ADD ADDITIONAL ICD-9 CODES IF NEEDED)

If a code listed below is incorrect, would you please use the correct code. Thank you.

307.81 Headaches, tension	724.2 Lumbar back pain (myofascial pain, low back)	726.0 Frozen shoulder
353.0 Thoracic Outlet Syndrome	724.3 Sciatica	726.10 Disorder of bursae and/or tendons of shoulder
354.0 Carpal Tunnel Syndrome	724.4 Lumbar pain	726.30 Elbow tendonitis
524.6 TMJ Disorders	724.5 Back pain: unspecified	728.85 Spasm of muscle
715.9 Osteoarthritis	<b>Strain/Sprain</b>	729.1 Cervical and thoracic Fibro- Myalgia/Myofascitis/Myositis
716.9 Arthritis NOS	724.6 Back strain sacroiliac (chronic)	729.4 Fascitis NOS
719.41 Shoulder Pain	840.8 Sprain shoulder/arm nec	729.52 Leg/Foot pain
719.42 Elbow Pain	840.9 shoulder (and upper arm, blade )	729.82 Cramp
719.43 Wrist Pain	842.0 Wrist	780.7 Fatigue
719.45 Hip Pain	843.0 Iliofemoral	784.0 Headache pain
719.46 Knee Pain	843.8 Hamstring	839.0 Cervical subluxation
719.48 Joint pain- multiple areas	845.0 Ankle/Foot	913.8 Forearm injury, unspecified
719.50 joint stiffness	847.0 Cervical	959.3 Wrist injury
719.56 Knee stiffness	847.1 Thoracic	<b>CPT 97124 Massage Therapy</b>
722.11 displacement of thoracic	847.2 Lumbar	<b>CPT 97001 Therapy Evaluation</b>
723.1 Cervicalgia (neck pain)	846.0 Lumbosacral	
723.4 Cervical	846.1 Sacroiliac	
723.5 Neck stiffness	848.9 Strain/Sprain NOS	
724.1 Thoracic pain		
726.10 Rotator cuff synd NOS		

Physicians Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Physician's Name Printed: \_\_\_\_\_

COMMENTS:

## COMPLIMENTARY EVALUATION & MASSAGE

\_\_\_\_\_  
PATIENT'S NAME

\_\_\_\_\_  
LIST ICD-9 CODE/S

CPT CODE **97124** MASSAGE THERAPY  
CPT CODE **97001** THERAPY EVALUATION

AUTHORIZED BY: \_\_\_\_\_

DATE ISSUED: \_\_\_\_\_ EXPIRES: \_\_\_\_\_

MASSAGE IS OFTEN USED AS A  
COMPLEMENTARY TREATMENT TO ASSIST  
IN THE RELIEF AND MANAGEMENT OF PAIN.

*MASSAGE MAY HELP YOU.  
DECIDE FOR YOURSELF !*

TO SCHEDULE YOUR COMPLIMENTARY  
EVALUATION & MASSAGE

CALL 740-544-6644  
800-618-7522

*Working with you and  
your doctor to improve  
your health and over all  
well being.*

